



# WA RED ARROW AWARD



NAME: \_\_\_\_\_

All objectives below must be signed off by a committee member. Once all items in the table below are completed please sign at the bottom of the form and hand into the club tournament officer to claim badge.

| OBJECTIVE                  |   | SIGNATURE | DATE |
|----------------------------|---|-----------|------|
| <b>PERFORMANCE</b>         |   |           |      |
| 115/150 at 22 metres       |   |           |      |
| <b>SKILL</b>               |   |           |      |
| <b>Release</b>             | Hand travels along jawline/neck   |           |      |
|                            | Hand travels straight back, as caused by continuation of pulling  |           |      |
| <b>Bow Hand</b>            | Hand is positioned consistently and correctly on the grip   |           |      |
|                            | Bow hand is relaxed and does not grip bow on release, allowing the use of a sling                         |           |      |
| <b>Bow Arm</b>             | Bow arm is straight, not bent, and turned to the side, rather than the ground                             |           |      |
|                            | Arm is stationary on release (and doesn't jerk), moving a little to the back upon follow                  |           |      |
| <b>KNOWLEDGE</b>           |   |           |      |
| <b>Archery Disciplines</b> | Can describe the three main disciplines of archery – indoor and outdoor target archery, and field archery |           |      |
| <b>Arrow Repair</b>        | Can fit and glue a point to an arrow, and replace fletchings.   |           |      |

Archer's Signature

Record Officer's Signature

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