



# WA BLACK ARROW AWARD



NAME: \_\_\_\_\_

All objectives below must be signed off by a committee member. Once all items in the table below are completed please sign at the bottom of the form and hand into the club tournament officer to claim badge.

OBJECTIVE		SIGNATURE	DATE
<b>PERFORMANCE</b>			
115/150 at 14 metres			
<b>SKILL</b>			
Draw Process	Draw with hands at same level/arrow parallel to floor		
	Spine and shoulders make a cross shape		
Full Draw	Immobile torso and upright body		
	Arrow does not creep forward		
	Consistent draw length and height		
Visual Attention	Can observe themselves when shooting		
<b>KNOWLEDGE</b>			
Equipment Terminology	Can name five parts of the bow		
Arrow Safety and Checking	Know what to do when an arrow is hanging out of the target		
	Can check if an aluminium arrow is straight, and if a carbon arrow is broken		

Archer's Signature

Record Officer's  
Signature

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