

# CUBan cigars

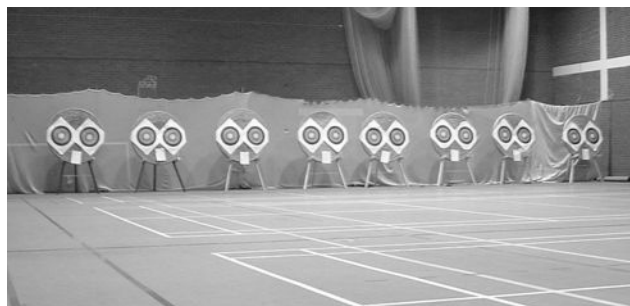
The newsletter of the Cambridge University Bowmen

## Head start in BUTTS

**With two first places in the first two legs of the BUTTS indoor league Cambridge now comfortably leads the highest standard university league in Britain. This bodes well for the upcoming BUSA championships.**

This year's BUTTS season was opened at Oxford. The ever-reliable James Keogh (575) and Clare Hooley led the team into the first victory of the season. Their efforts were also rewarded with individual gold medals. Pamela Custance-Baker (537) picked up ladies' silver, while Ian Caulfield (544) shot a new personal best and just missed bronze by two points. The solid performance was rounded off by Meurig Freeman who picked up novice bronze shooting his barebow.

Whereas at Oxford other teams did not stand a chance, the second leg held at Loughborough saw a much closer competition, although the standard was lower in general. In the end Cambridge was at the top, 26 points clear of Warwick, again mainly thanks to the first-placed James Keogh and Clare Hooley. This time Pamela Custance-Baker had to give in to the efforts of Antje Frotscher but still picked



up bronze.

The team now leads comfortably. However the season is far from over and particularly Loughborough and last year's runners-up Warwick look strong. Oxford managed to find in Oliver Brown an adequate successor to Ben Huckvale, but their overall performance with two fifth places was disappointing, and it seems unlikely that they will be able to repeat last year's victory. Birmingham

*Continued on page 2...*

### Captain's speech

Michaelmas term started well with a successful training camp, giving last year's archers a chance to blow the cobwebs off their bows or wipe off the mud from numerous tournament grounds (depending on the amount of shooting they had done over the summer!!) and prepare for the upcoming indoor season.

The term brought much tournament success for the club. Team results include two out of two BUTTS wins for our experienced team and 2<sup>nd</sup> at Brunel (or so we believe, still awaiting results sheets...). Individual results have been equally impressive, James and Clare gaining matching his and her 1<sup>st</sup> medals at both the BUTTS tournaments, 2<sup>nd</sup> and 3<sup>rd</sup> medals (at Oxford and Nottingham respectively) for me, and a 2<sup>nd</sup> Novice medal for Meurig at Oxford (proving that a sight is not all-important!).

The new club badges are a very successful innovation (thanks to Ian for his work on these), they are presented to people when they achieve a certain result level in competition, with difficulty gaining an increasing target colour (white, black, blue, red, gold). Many badges have been given out this term (at a cost of £1.50), both rewarding results of club members in previous years and for results this term (well done to all novices who have already reached white level, and in one case black!).

On the social side, the year started well with the training camp socials. The term then saw a great Formal Hall at Peterhouse (though the pea soup was interesting...) and the Christmas shoot and curry finished the term nicely! Not forgetting of course the regular pub meets, if you didn't come, why not?! Do come along to them in Lent.

Looking forward to Lent term, we will be running another structured beginner's course, due to the popularity of the previous one. The new Senior and Novice Squads will begin their sessions. There are many tournaments to look forward to, Warwick and Birmingham BUTTS, OUIT, The County Champs, Netherhall FITA 25 and last but not least BUSA Indoors.

Hope to see you all lots in Lent (both shooting and in the pub!!)

Pamela.

CUB Captain.

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## CUB SHIELDS

A new club award scheme has been introduced this term in order to fill gaps in the existing GNAS award schemes. The committee decided the following score levels based on handicaps.

Award	Gents		Ladies	
	Handicap	Portsmouth Score	Handicap	Portsmouth Score
<b>Gold</b>	27	569	31	559
<b>Red</b>	33	554	37	541
<b>Blue</b>	40	530	44	514
<b>Black</b>	52	473	56	446
<b>White</b>	64	380	68	338

If anyone wants to claim for an award, just contact Ian Caulfield and tell him your score he will sell you the appropriate badge for the price of £1.50. Please note that only scores shot in a competition count.

The following people received a CUB shield this term.

<b>Gold</b>	James Keogh
<b>Red</b>	Pamela Custance-Baker, Clare Hooley
<b>Blue</b>	Ian Caulfield
<b>Black</b>	Alex Griffiths, Gareth Powell, Dominik Schindler, Nicholas Taylor, William Tunstall-Pedoe
<b>White</b>	Barry Cook, Meurig Freeman, Alex Griffiths, Gareth Powell

Congratulations to you all!!

## The club library

During an inspection of the captain's box, a small collection of archery-related literature was discovered. Some of the books are quite old but still may be useful. The following books are available for borrowing.

- Sir William Wood, "The Bowman's Glory or Archery Revived", 1682
- David Marriot, "from Twang – Whoosh to Thrum – Whoosh – Thunk, The Essential Guide for Aspiring Archers", 2002
- E.G.Heath, "Archery, the Modern Approach", 1966
- E.K.Milliken, "Archery in the Middle Ages", 1967
- Eloise Jaeger, "How to Improve your Archery"
- Robert Hardy, "Longbow. A social and military history", 1976
- M.E.Richardson, "Teach yourself archery", 1961
- E.Hargrove, "Anecdotes of Archery", 1970
- Lt. Col. Milan E. Elott (Ret.), "Why we miss and other writings"
- Daniel Roberts, "Archery for All", 1971
- C.B.Edwards & E.G. Heath, "In pursuit of Archery", 1962
- Plastic Wallet of information sheets about aspects of archery – particularly psychology

The complete catalogue may be searched on our website. If you want to borrow anything, just contact our head librarian Pamela.

Andy Somers has kindly offered to lend out "Archery Anatomy", "Understanding Winning Archery" and "With Winning in Mind". Contact him if you are interested.

## Social Secretary's Report

The year began with CUB's pre-term training camp, advantageous for shooting obviously, but more important were the well attended fancy dress pub crawl (special guests: the Pirates of the Caribbean, complete with ship's cat) and a Laserquest-and-Dojos night (and I am proud to report that we resoundingly beat our 12-year-old foes).

Michaelmas term continued with our weekly pub meet in the Hogshead on Parker's Piece (Thurs, 9pm onwards), as well as usually ending up in the aforementioned pub after practices on Sunday. When not shooting or keeping the Hogshead in business, CU Bowmen might also have been found in WB Cinema enjoying the films "Finding Nemo" and "MatrixRevolutions" (...explanations of what that film was actually about on a postcard!).

The main event was, of course, our termly formal hall at Peterhouse. It was a great evening, another big thanks to our organising, swash-buckling archer. Finally, we closed the term in a proper festive mood with our Christmas Shoot and Social, with a guest appearance from Santa (Santa plus weapon...I think we have found the design for a best selling Christmas card!)

In Lent term – look forward to our annual dinner.

*Sarah Naylor*

*"Head start in BUTTS" (continued from page 1)*

finished sixth in both legs, however with their 1951 at Oxford they would have easily won some of the SUSF matches. Also the performance of the Birmingham novices was reliable as ever with two team victories.

At Oxford it was the first time since the BUSA Championships in 2002 that a light blue team exceeded 2200. In 2002 the light blues were victorious and optimism before the championship in Leeds seems to be justified.

## BUTTS League Table

Team	Points	Medals		
		Gold	Silver	Bronze
Cambridge	12	4	2	1
Warwick	9	0	1	0
Loughborough	9	2	1	1
Nottingham	6	0	1	4
Oxford	4	1	2	2
Birmingham	2	1	0	0

## Beginners' sessions

At the beginning of term, four have-a-go sessions were held at the sports ground. It was good to see so many wannabe archers get up early on a Sunday morning, just to realise that not everyone is a born Legolas. However most people still enjoyed themselves, and instructed by more experienced archers shooting quickly improved.

Very encouraging is the number of people who subsequently decided to join and take up archery as a sport. Our club now has 59 members and we will hopefully reach the same membership level as last year at the end of Lent term.

# BUSA Outdoors 2003

Fifty-four points separated the light blue team from a medal rank at the BUSA Outdoor championships once more held in Lillehall. An encouraging result compared to the previous year.

As expected Edinburgh continued their series of what are now nine consecutive victories with a BUSA record of 3512 points and a winning margin of 180 points ahead of the team from Imperial College, who themselves beat third-placed York comfortably. The individual results were not surprising. Lorna Provan and Tim Mundon picked up gold both shooting scores well in the 900's.

The Cambridge team started off very well and were still in third place after the 80yds, but unfortunately did not manage to keep up this high level. Eventually they had to let the team from York go past, to finish fourth. On the bright side Oxford, who struggled a little without Ben Huckvale were kept in fifth place until the end. Diana Wood (816) led the light blues shooting a new personal best, closely followed by Ian Caulfield (798). Pamela Custance-Baker (765) and Victor Yung (768) completed the team, the latter with his last appearance for the light blues.

The all male novice team was weakened by a few last minute drop-outs, but still managed a very good seventh place.



This was largely due to Tim Northover who finished sixth among the novices on 625. The absence of Clare Hooley and Nadezda Novakovic was regretted as they could have come first and second novice lady.

The competition was well-organised by Edinburgh and the ACME team. Results were announced 25 minutes after the final whistle. Following the prize giving the day was rounded off with a barbecue and a very enjoyable party by the camp fire.

## How to serve a string

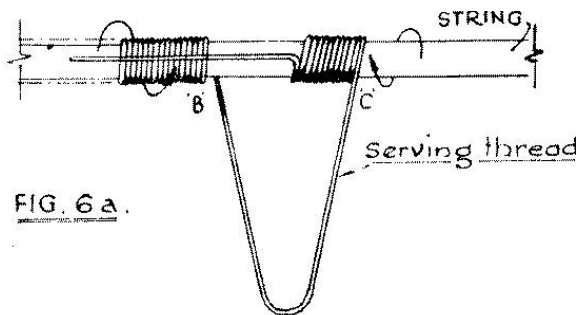


FIG. 6 a.

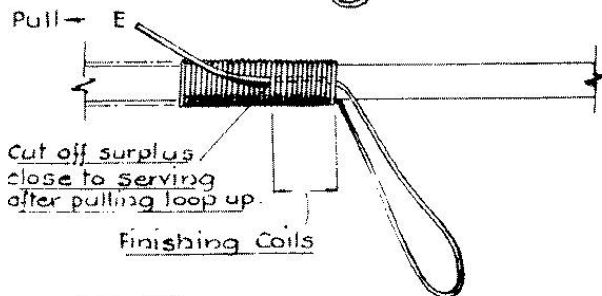


FIG. 6 b.

Lengths of starting & finishing coils -  $\frac{1}{4}$ " for loop serving and  $\frac{3}{8}$ " to  $\frac{1}{2}$ " for upper & lower shanks and for finger servings.

## A novice's guide to archery rounds

### Indoors

Round	Distance	Arrows	Face
Portsmouth	20yds	5 dozen	60cm
Bray I	18m	2½ dozen	40cm
FITA 18	20m	5 dozen	40cm
FITA 25	25m	5 dozen	60cm
Stafford	30m	6 dozen	80cm

Most university competitions are Portsmouths.

### Outdoors

Round	Distance	Arrows	Face
Frostbite	30m	3 dozen	80cm
Albion	80yds	3 dozen	122cm
	60yds	3 dozen	122cm
	50yds	3 dozen	122cm
Windsor	60yds	3 dozen	122cm
	50yds	3 dozen	122cm
	40yds	3dozen	122cm

Women shoot a Windsor at the Varsity Match and BUSA Outdoors; men shoot an Albion. The Frostbite is shot in the Grudge Match.

## Beginners' course

Michaelmas term saw CUB's first structured beginner's course. All 18 places on the course were filled. James Pawley developed the plan for the course and was the senior coach. Other coaches for the course were: James Keogh, Pamela Custance-Baker, Gareth Powell, Barry Cook and Jonathan Richardson. Several of the novices who attended the course have already represented CUB in the novice team at the BUTTS competitions and we have achieved some great individual results, both at BUTTS and open competitions. The half-Portsmouth competition at the end of the course was a close fought match and everyone saw great improvement in their shooting and their knowledge of archery. Due to its popularity, the course will be repeated in Lent term.

*Pamela Custance-Baker*

## Lent term dates

Sat 24th Jan	Grudge Match
Sun 25th Jan	Clickers Visit
Sat 7th Feb	BUSA Indoor Champs, Leeds
Sun 8th Feb	Cambridgeshire County Champs
14th/15th Feb	Birmingham BUTTS
Sat 6th Mar	Netherhall FITA 25
6th/7th Mar	British University Team Champs
20th Mar	Warwick BUTTS
tbc	Oxford University Indoor Tournament
	Annual Dinner

## Lent term Diary

When?	Where?	What?	Who?
<b>Sun</b>	1-2.30pm	KK	Beginners' course
	2.30-4pm	KK	Practice
	4pm onwards	Hogshead	Pub meet
<b>Mon</b>	6-8pm	Rifle Range	Practice
<b>Tue</b>	5-7pm	Rifle Range	Practice
<b>Wed</b>	5-7pm	Rifle Range	Practice
<b>Thu</b>	3-5pm	KK	Practice
	9pm	Hogshead	Pub meet

## CUB Committee

Captain	Pamela Custance-Baker
Secretary	Dominik Schindler
Treasurer	Jonathan Richardson
Equipment Officer	Ian Caulfield
Records Officer	Ursula Goniszewska
Novice Officer	Tim Northover and Nadezda Novakovic
Publicity Officer	Tim Northover and Nadezda Novakovic
Women's Officer	vacant
Social Secretary	Sarah Naylor

## News in brief

### Cranford AC FITA 25

On 7<sup>th</sup> December 2003, a small team consisting of Dominik Schindler, Alex Griffiths and Jochen Smolka attended this novice-friendly event in west London. Unfortunately we were one short of the four people required to enter the team competition; however the individual results were much better than expected. Alex won the bronze medal in the first-year archers' category with a score of 406. Jochen (284) and Dominik (465) both shot personal bests and improved their handicaps. In addition to her shiny medal, Alex managed to acquire a box of chocolates in the raffle. The competition was very well-organised and the atmosphere was friendly. Hopefully next year we will be able to send a larger team.

### Brunel Open Tournament

As Brunel so far did not manage to publish any results there is not much to say. There are rumours that the experienced team consisting of Pam, Ian and Dominik came second though. Pamela shot a personal best with 550, claiming her red badge and possibly a medal. Novice performance was quite good with the highest score shot by Alex on 417.

### Clophill AC FITA 18

James Keogh and Diana Wood went to this tournament. Shooting side by side with Simon Needham and Danny Clifford, James achieved a very good fifth place on 555. Diana jumped in for Clare in the last minute and also did very well on 493.

### Green Dragon

A small team from Cambridge supported by some Alumni went to Stevenage. The tournament was well attended and competition was stiff. Ian Caulfield shot the highest score for Cambridge with 522, Taz Katira made his debut for the light blues with a notable score of 493.

Note from the editor:

If you would like to contribute to this newsletter please feel free to submit anything to [soc-cub-publicity@srfc.ucam.org](mailto:soc-cub-publicity@srfc.ucam.org). I particularly need some photographs.

Editor – Dominik Schindler      Contributors – Pamela Custance-Baker, Sarah Naylor, Alex Griffiths  
Please direct any queries to [archery@cusu.cam.ac.uk](mailto:archery@cusu.cam.ac.uk). For more information visit [www.srfc.ucam.org/cub](http://www.srfc.ucam.org/cub).